

# Dry Needling Course (DN-1, DN-2 & DN-3) for Myofascial Pain Syndrome (Janet G. Travell, MD Seminar Series)

Myofascial trigger points (MTrPs) are a common feature of nearly all pain syndromes, including fibromyalgia, and are characterised by persistent pain, loss of function and movement impairments. Treatment may involve manual therapy techniques, including dry needling (DN) or injections, correcting biomechanical and postural dysfunction, and restoring normal movement patterns.



DN is a skilled intervention that uses a thin filiform needle to penetrate the skin and stimulate underlying MTrPs, muscular, and connective tissues for the management of neuromusculoskeletal pain and movement impairments. DN is a technique used to treat dysfunctions in skeletal muscle, fascia, and connective tissue, and, diminish persistent peripheral nociceptive input, and reduce or restore impairments of body structure and function leading to improved activity and participation.

**Dates: Feb 20-24, 2018 - DN-1 & 2**  
**(ERIK WIJTMANS)**

**March 22-25, 2018 - DN-3**  
**(ROB STANBOROUGH)**

**Hours of instruction: 72**

**Venue: RECOUP Hospital Auditorium, Anjanapura Layout, Bengaluru, India**

**Dr. Jan Dommerholt conducted the hugely successful DN-1, 2 & 3 courses at RECOUP, Bengaluru in 2015. This was the first MYOPAIN Seminars Course in India.**

## Course Fees (in INR):

DN LEVEL	CATEGORY	LATE (FROM DECEMBER 16, 2017)
<b>DN Level 1, 2 and 3</b>	<b>MYOPAIN FELLOWS</b>	<b>FREE</b>
DN Level 1 and 2	Members of Indian Myopain Society (IndMS)	<b>45000</b>
	Industrially Developing Countries – Non-members of IndMS	<b>55000</b>
	Other Countries – International Myopain Society (IMS) members	<b>65000</b>
	Other Countries – Non-members	<b>75000</b>
DN Level 3	Members of Indian Myopain Society (IndMS)	<b>55000</b>
	Industrially Developing Countries – Non-members of IndMS	<b>65000</b>
	Other Countries – International Myopain Society (IMS) members	<b>75000</b>
	Other Countries – Non-members	<b>85000</b>

*Please note the course fees is significantly lower than the cost of Myopain Seminars Courses outside India. Part payment to block the course is not permitted. It is not possible to register for the DN-2 course alone.*

**SUCCESSFUL COMPLETION OF DN-1 & 2 IS A  
PREREQUISITE FOR ACCEPTANCE IN DN-3 COURSES**

**Erik Wijtmans**, PT, MTC, CMTPT, CGIMS, is a native of The Netherlands and completed his BSc in Physical Therapy at Utrecht in 1986. At that time he also became certified by the Royal Dutch Soccer Association as a Sports Therapist. After moving to the United States in 1987, he received his Manual Therapy Certification through the Institute of Graduate Physical Therapy in St. Augustine, FL, under Stanley Paris, PT, PhD in 1989.

**Erik** is an APTA certified clinical instructor. He completed the needling certification programs of both The Myopain Seminars in 2006 and of Dr. Chan Gunn's IMS needling courses in 2006. He was one of the first three therapists in the United States to complete the Janet G. Travell, MD Seminar Series, and has served as an examiner in the certification examinations.



DN-1 & 2 Trainer



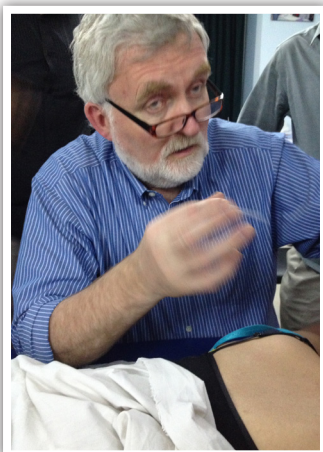
DN-3 Trainer

**Rob Stanborough**, PT, DPT, MHSc, MTC, CMTPT, FAAOMPT, is a Dutch-trained physical therapist. He received his degree in Physiotherapie from the Hogeschool van Amsterdam, and his Master of Health Science and Doctorate in Physical Therapy from the University of St. Augustine for Health Sciences. Dr. Stanborough is a Fellow of the American Academy of Orthopaedic Manual Physical Therapists and has earned several certifications related to soft tissue manipulation including manual therapy, dry needling and ASTYM.

**Dr. Stanborough** is an assistant instructor at the University of St. Augustine. He teaches continuing education courses on the subject of Myofascial Manipulation through the University of St. Augustine throughout the United States, South America and the Orient. He is the co-editor of the 3rd edition of Myofascial Manipulation: Theory and Application (Pro-Ed Inc.).

This Industry Leading workshop is designed for licensed healthcare practitioners, who are allowed to use dry needling in their practice and jurisdiction, including physicians, dentists, physical therapists, chiropractors and acupuncturists. Medical trainees and physical therapy trainees are also eligible for these courses.

### Glimpses of DN-1, 2 & 3 Courses held in 2015 at RECOUP Bengaluru, India



These prestigious MYOPAIN Seminar's DN courses are being offered FREE for Clinical Fellows in MYOPAIN Rehabilitation. Only 5 places are available for other delegates. **ACT RIGHT NOW!**



#### FELLOWSHIP DIRECTOR - DR. DEEPAK SHARAN,

Consultant in Orthopaedics, Rehabilitation, Ergonomics, Occupational Safety and Health

This Clinical Fellowship in MYOPAIN Rehabilitation is proudly hosted by RECOUP Neuromusculoskeletal Rehabilitation Center in association with International MYOPAIN Society, Fascial Manipulation Association, MYOPAIN Seminars, Indian MYOPAIN Society, RECOUP Research and Education Foundation (RREF).

FOR DETAILS OF DN COURSES AND CLINICAL FELLOWSHIP IN MYOPAIN REHABILITATION, PLEASE CONTACT:

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